

VIBRATIONAL ELEVATION

chi gime

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THE MANTRAS IN THIS BOOK ARE TO BE CHANTED EITHER VERBALLY OR MENTALLY AS FREQUENTLY AS ONE PLEASES. BE SURE TO ALLOW RECITATION OF THE MANTRAS TO BECOME HABITUAL WITHOUT FORCE. WHEN YOU FEEL GOOD (OR DOWN) OPEN THIS BOOK AND CHANT YOUR FAVORITE MANTRA(S).

MANTRA I

I AM BLESSED BEYOND MEASURE

MANTRA II

**I AM WEALTHY ON ALL LEVELS, FOR LIFE IS
ABUNDANT AND I AM LIFE**

MANTRA III

**THE UNIVERSE PROVIDES ME WITH
EVERYTHING I NEED AT THE RIGHT TIME,
EVERY TIME**

MANTRA IV

I AM GRATEFUL FOR EVERYTHING IN MY LIFE

MANTRA V

**GIVE THANKS TO EARTH, GIVE PRAISE FOR
LIFE**

MANTRA VI

**My CELLS ARE CHARGED WITH LOVE AND
ECSTASY**

MANTRA VII

**PEACE, LOVE, AND PROSPERITY TO ALL
THAT DESERVES IT**

MANTRA VIII

**I AM WILLING TO GIVE; THEREFORE, I AM
OPEN TO RECEIVING**

MANTRA IX

**I AM IN LOVE WITH LEARNING SO I HAVE NO
LIMIT**

MANTRA X

**I NO LONGER HOLD ONTO THAT WHICH NO
LONGER SERVES ME**

MANTRA XI

**I AM THANKFUL FOR MY BREATHING, MY
VISION, MY HEARING, AND BEING ALIVE**

MANTRA XII

THERE IS NO SUCH THING AS A MISSED
OPPORTUNITY, FOR INFINITE POSSIBILITIES
EXIST

MANTRA XIII

NO EXTERNAL OBJECT DEFINES MY VALUE,
NO PERSON OR STATUS DEFINES MY VALUE

MANTRA XIV

THERE IS ONLY ONE ME, THEREFORE I AM
THE BEST, BECAUSE, THERE IS NO ONE ELSE
LIKE ME

THE SCIENCE OF VIBRATION

VIBRATION IS ONE OF THE SEVEN HERMETIC PRINCIPLES MENTIONED IN THE KYBALION. IT IS A UNIVERSAL LAW AND EVERYTHING IN EXISTENCE VIBRATES AT SOME LEVEL AND ON VARYING DEGREES. LIGHT, JUST AS WELL AS SOUND, VIBRATES ON A QUANTUM AND PERCEPTUAL LEVEL.

YOUR MOOD IS A VIBRATION, ONE'S ATTITUDE IS A VIBRATION, EVEN YOUR INTENT IS A VIBRATION. THIS IS WHY YOU MIGHT MEET A STRANGER AND GET A STRONG 'SENSE' IN YOUR GUT THAT THERE IS SOMETHING "OFF" ABOUT THAT STRANGER. THIS PERSON MAY TRY TO CONVERSE WITH YOU BUT 'SOMETHING' COMPELS YOU TO WALK AWAY AND IGNORE THEM. AT A LATER TIME, YOU TURN ON THE NEWS AND FIND THAT THE VERY SAME STRANGER ENDED UP MUGGING SOMEONE IN YOUR CITY. COINCIDENCE? NO. THAT WAS YOUR INTUITION PICKING UP ON THAT INDIVIDUAL'S VIBRATION; WHETHER IT WAS HIS INTENT OR ATTITUDE, IT WAS SENSED AND PERCEIVED.

THIS IS ONLY ONE EXAMPLE, BUT WE PICK UP ON VIBRATIONS AND EMIT VIBRATIONS ALL THE TIME, WHY DO YOU THINK THE TERM "VIBE" IS SO POPULAR? IT IS NOT BY COINCIDENCE. AND UNDERSTANDING WHAT VIBRATION IS WILL HELP YOU ACCELERATE YOUR SPIRITUAL/LIFE JOURNEY FOR YOUR OWN GOOD.

VIBRATION IS SIMPLY ENERGY IN OSCILLATION (MOVING BACK AND FORTH). THE FREQUENCY (RATE) OF THIS OSCILLATING MOTION IS WHAT DICTATES THE QUALITY AND CHARACTERISTICS OF THE VIBRATION. SAY YOU BEGIN TO THINK ABOUT SOMEONE THAT HURT YOU... AS YOU CONTINUE TO PONDER ON AND ON ABOUT HOW YOU'VE BEEN HURT BY THE PERSON, YOUR VIBRATION DECELERATES OR SLOWS DOWN, WHICH THEN BUILDS TENSION IN THE BRAIN, THE MUSCLES AND SO ON. YOU BEGIN TO FEEL ILL OR PERHAPS EVEN A MIGRAINE, THIS IS ALL DUE TO YOUR THOUGHTS MOVING BACK AND FORTH WITHIN YOUR BRAIN SPACE, FOCUSING ON THE NEGATIVE EMOTION AND CONTENT OF HURT THAT PRODUCES A LOWLY

VIBRATION IN YOUR BODY, YOUR AURIC FIELD, AS WELL AS YOUR PSYCHE AND HEART.

SO, WITH THAT BEING UNDERSTOOD WE CAN SEE HOW NEGATIVE EMOTIONS AND THOUGHTS CAN DECREASE OUR VIBRATION... THE PURPOSE OF THIS BOOK IS TO HELP UPLIFT AND EXPONENTIALLY RAISE THE READER'S VIBRATION, BECAUSE WHEN YOU TRULY BELIEVE AND ACTUALLY FEEL THE WORDS OF EACH MANTRA AS YOU CHANT THEM (EITHER VERBALLY OR MENTALLY) IT INEVITABLY AFFECTS THE FREQUENCY OF YOUR VIBRATIONAL OUTPUT. ALL YOUR CELLS AND ORGANS WILL RESPOND POSITIVELY TO THESE MANTRAS AND YOU WILL BEGIN TO TRANSFORM BIOCHEMICALLY AND SPIRITUALLY.

REALLY TAKE YOUR LIFE TO THE NEXT LEVEL BY LEARNING HOW TO 'MASTER YOUR MIND' WITHOUT MEDITATING AT SCHOOLOFINSIGHT.COM (CLICK TEXT TO LEARN MORE)